



Exploring the Frontiers of Social Sciences and Humanities

Nadia HACHOUMI

*Social Sciences and Humanities section editor, Sciences Methods and Technologies international journal (SciMeTech), n.bachoumi@scimetech.com
Higher Institute of Nursing Professions and Health Techniques of Marrakech, MOROCCO*

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Abstract

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The Social Sciences and Humanities section of this journal serves as a dynamic platform for exploring the complexities of human behavior, education, culture, and healthcare. By fostering interdisciplinary collaboration, the section delves into diverse topics such as mental health, social structures, pedagogical practices, cultural narratives, and nursing education. Researchers, educators, and practitioners contribute to a growing body of knowledge that informs public policy, shapes inclusive educational practices, preserves cultural heritage, and enhances healthcare delivery. This overview highlights the section's scope and underscores its role in addressing contemporary societal challenges through research and discourse.

I. Introduction

Globalization has only increased the need for an interdisciplinary approach to comprehending the changes in society and the cultural complexities involved. As a result, social challenges and opportunities are becoming increasingly complicated. The complexities of education, culture, human behavior, and healthcare have become increasingly important as societies' linkages grow (Frenk et al., 2022). This journal section will hence be a space of interdisciplinary conversations that attempt to close the gap between theory and application through the promotion of collaboration across scholars from various backgrounds.

Our journal is addressed to sociologists, psychologists, educators, healthcare practitioners, and cultural critics. This section aims to advance collaboration, inform policy, and provoke thought through higher research quality. Research in these areas provides directions for envisioning changing relationships among technology, education, and culture, and the social formations that determine human experience.

In fact, the growing relevance of social and cultural research happens outside the academy-by evidencing public policy, educational reform, cultural preservation, and the very practice of health care. Training in cultural competence has been found to improve the delivery of health care and patient satisfaction (De-María et al., 2024). Social science-informed education reform led to the creation of inclusive pedagogies and equitable learning environments. Now, at a time of globalization and diversity, consider that conversant with these topics will serve to foster inclusivity of society and underpin sustainable social development.

II. Sociology and Psychology

This subsection will explore human behavior, social structures, and psychological processes, offering insight into how individuals and societies interact and evolve. Among the topics of interest are mental health, social identity, group dynamics, behavioral cultural influences, and psychological resilience (Khadka, 2024).

Real-World Applications:

- Understanding social determinants of health and well-being.
- Exploring mental health interventions and therapeutic practices.
- Investigating the impact of societal changes on psychological adaptation.

III. Education

The education subsection delves into innovative teaching methods, curriculum development, digital learning environments, and educational policies. It emphasizes the role of education in shaping future generations and adapting to global challenges (Wang et al., 2024).

Real-World Applications:

- Implementing inclusive education practices.
- Integrating digital tools to enhance student engagement.
- Developing teacher training programs to improve pedagogical effectiveness.

IV. Cultural Studies

Cultural Studies explores diverse cultural narratives and identities, examining how race, gender, and class are intertwined with marginalized communities. It explores the connection between culture policy and preservation in globalized contexts, and how ICT facilitates cultural exchange. By integrating media studies with cultural analyses, it aims to address contemporary issues and bridge theory-practice gaps (Lin, 2020).

Real-World Applications:

- Analyzing the impact of global media on local cultures.
- Examining cultural identity formation in multicultural societies.
- Investigating the role of art, literature, and media in shaping societal norms.

V. Nursing Education

This subsection focuses on advancing nursing education through pedagogical innovations, curriculum design, and practical training. It aims to bridge the gap between theoretical knowledge and clinical practice, enhancing the competence and compassion of future healthcare providers (Pearson & Shumway, 2025).

Real-World Applications:

- Developing simulation-based training programs for clinical skills.
- Promoting emotional intelligence and resilience in nursing students.
- Evaluating the effectiveness of interdisciplinary training models.

VI. Conclusion

The Social Sciences and Humanities section fosters interdisciplinary research that addresses contemporary societal challenges, encouraging collaboration among researchers, educators, and practitioners. Through a nuanced exploration of human experiences, this section aims to inspire meaningful contributions that advance knowledge and inform practice.

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